

PHYSICIAN LEADERSHIP FOCUS: PUT UNRELENTING DISTRACTIONS IN THEIR PLACE

PLI Physician Leadership Course

Overview

In an era of unrelenting distractions, demands, and pressures, physician leaders, now more than ever, need to learn to sharpen focus in order to thrive in the complex world of healthcare. Recent research suggests that as leaders move into more senior positions, their attention and social skills suffer. The hectic pace of leading appears to be contributing to greater stress, poorer focus, and reduced productiveness. Moreover, modern technology, such as email, has been shown to be the leading cause of workplace distraction.

Two day session • Oct 20-21, 2017 • 8:00 am - 4:30 pm

Alt Hotel Winnipeg, 310 Donald Street, Winnipeg, MB



Who should take this course

This course is open to anyone, particularly **new or aspiring physician managers & leaders**.

Learning objectives

- Discover how the modern healthcare workplace and multitasking contributes to distraction, addiction, and impaired performance.
- Describe the neuroscience underlying distraction, attention, learning, and mindfulness.
- Explain how attention links with self-awareness and the different levels of empathy.
- Learn how to cultivate better focus through establishing boundaries with digital devices, minimizing distractions, and applying time-management techniques.

Faculty: Paul Mohapel, B.Sc., M.Sc., M.A., Ph.D.

Registration Deadline: September 25, 2017 (space is limited)

To register for this course, please visit the short URL link at <http://bit.ly/2sUqqHL>

Course fee: \$500

CCME Credits: This program has been accredited by the College of Family Physicians of Canada for up to 13.0 Mainpro-M1 credits. This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada and approved for a maximum of 13.0 credits. Participants should only claim credit for the actual number of hours attended.

REGISTRATION CANCELLATION POLICY

A registration refund will be made upon written request on or before Sept. 25, 2017. A \$35 administrative fee will be retained. No refunds will be made for cancellations after this date.